

Dear Parents,

The 19th Annual Secondary School Sports Day is just around the corner, and we are delighted to invite you and your family to join us for this special event on 14 August at the SUTD Sports & Recreation Centre (61 Changi South Ave 1, Singapore 486041).

Sports Day is more than just a competition, it's an opportunity for our students to demonstrate teamwork, resilience, determination, and House spirit. It is also one of the few occasions where our entire school community comes together to cheer, participate, and celebrate.

Event Details

- **Date:** Friday, 14 August
- **Venue:** SUTD Sports & Recreation Centre
- **Student Reporting Time:** 7.45 AM
- **Events Begin:** 8.00 AM
- **Estimated Finish:** 12.30 PM (subject to weather conditions)

Students

Please ensure your child:

- Reports to their Homeroom Teacher by 7.45 AM for attendance.
- Wears their House T-shirt, PE shorts, and sports shoes (running spikes are optional for athletes competing in track events).
- Brings a water bottle, cap, sunscreen, and light snacks if required.
- Completes the Health Declaration Form (Link given below) before the event.
- Reports to their Homeroom Teacher before leaving the venue at the end of Sports Day.

[SECONDARY SCHOOL SPORTS DAY 2026: STUDENTS HEALTH DECLARATION FORM. – Fill out form](#)

Parents & Grandparents

We warmly encourage you to join us and be part of the celebrations.

You are welcome to wear your child's **House colour** and support your House throughout the morning. Families with children in different Houses are, of course, welcome to cheer for both!

There will also be a number of fun participation events, including:

- Parents' 50m Race
- Grandparents' Lemon & Spoon Race
- Parents vs Teachers Tug-of-War
- And a few other surprises on the day.

If you would like to participate, please complete the RSVP, Health Declaration Form by 11 August.

SECONDARY SPORTS DAY 2026: INTENT OF EVENTS PARTICIPATION AND HEALTH DECLARATION FORM – Fill out form

A Few Reminders

- Please remain in the designated spectator areas unless invited to participate.
- For safety reasons, kindly avoid entering the track or victory ceremony area during events.
- Alcohol and smoking are strictly prohibited.
- A qualified school nurse will be present throughout the event.
- Stack Cafeteria will be selling food at the venue, please find the menu attached.

Our PE team, teachers, House Masters, Student Senate, and volunteers have been working hard behind the scenes to make this another memorable Sports Day for our students and families.

We look forward to seeing you on **14 August** and thank you, as always, for your continued support of our school community.

Should you have any questions, please contact us at **6294 2400** or email **sports@npsinternational.edu.sg**.

Sincerely,

Mr James Chacko

Senior Associate Vice Principal